



Seminar in Parenting Using *Love & Logic*

The LMSD Elementary School Counselors are pleased to offer a 6-session Parenting Seminar on Wednesdays starting in October, 2019. *Love & Logic* provides nationally renowned parenting strategies and resources that emphasize limit setting, accountability, and logical consequences. Participating parents and guardians can expect to learn:

- How to avoid un-winnable power-struggles and arguments
- How to stay calm and empathetic when kids do incredibly upsetting things
- How to set enforceable limits
- How to avoid enabling and begin empowering
- How to help kids learn from mistakes

Attendance at all sessions is highly encouraged as lessons build upon each other and to maintain the integrity of the groups. There is no cost to attend.

Sessions will be held

4:30 – 6:00 p.m.

October 16, 2019

October 23, 2019

October 30, 2019

November 6, 2019

November 13, 2019

November 20, 2019

If you are interested in participating please contact:

Deborah Wilson-Leslie at wilsond@lmsd.org or

Sarah Payne at paynes@lmsd.org

Registrations will be limited and accepted on a first come, first served basis.

More information about *Love & Logic* and Parent Resources can be viewed at www.loveandlogic.com