



# Lower Merion School District

301 East Montgomery Avenue ♦ Ardmore, PA 19003-3399  
Phone: 610-645-1800 ♦ Fax: 610-645-9679 ♦ [www.lmsd.org](http://www.lmsd.org)

Dear Lower Merion Family,

We value your child(ren)'s safety. While in the Lower Merion School District, your child(ren) will participate in a sequence of developmentally appropriate safety lessons in grades 1 through 4 facilitated by your child's school counselor over the next few weeks. Our program, with its emphasis on personal safety, is geared toward teaching students how to differentiate between good and bad touch and to assert their rights to protect themselves from unsafe personal situations.

The following three safety rules are taught in 1<sup>st</sup> grade and reflected in the lessons taught in grades 2, 3 and 4:

## Safety Rules

**Rule #1:** It is never okay for grownups or older kids to touch your private body parts – except to keep you healthy and clean.

**Rule #2:** If an older kid or grownup wants you to touch his/her private body parts or asks to touch your private body parts and tells you to keep it a secret, say NO!, GO and TELL an adult you trust right away. If the first person you talk to does not believe you, tell someone else.

**Rule #3:** Anytime you feel mixed-up or confused about a touch, tell the person to stop and talk to a grownup you trust about it.

In addition to these safety rules, the safety themes and posters on the back of this letter reflect the content that your child(ren) will learn in grades 1 through 4. Please note, in first grade the lessons are delivered as a 2 part series, in order ensure the students are learning the information at a developmentally appropriate pace.

We invite you to create an account to explore the vast amount of resources and ways to talk to your child(ren) about these very sensitive but important issues.

## Directions for logging on:

- Please log on to [www.secondstep.org](http://www.secondstep.org) and select “create an account” located on the upper right-hand side of the website.
- You will be prompted to enter an activation key. Please use the following activation key that correlates to the grade level of interest and click “go”:
  - Kindergarten: **CPUK FAMI LYGK**
  - First Grade: **CPU1 FAMI LYG1**
  - Second Grade: **CPU2 FAMI LYG2**
  - Third Grade: **CPU3 FAMI LYG3**
  - Fourth Grade: **CPU4 FAMI LYG4**
  - Fifth Grade: **CPU5 FAMI LYG5**
- Then, fill in the required information and click “ok.”
- Your account is now activated.
- Then, you will receive an email confirmation allowing you to log in.
- As you log in and begin to explore, click on “resources”, and “Families.”

Should you have any questions regarding the curriculum or when these personal safety lessons will be delivered in your child's classroom, please feel free to contact me.

Sincerely,

Rebecca Wagner and the Lower Merion Elementary School Counseling Department

# NEVER-NEVER RULES

- Never touch guns
- Never play with fire
- Never ride on wheels without wearing a helmet
- Never go in water without an older person watching
- Never use a sharp tool without an older person's help
- Never ride in a car without wearing a seatbelt
- Never touch a dog without asking the person in charge
- Never cross the street without checking all ways for traffic

# WAYS to Stay Safe

- Recognize**  
Is it safe?  
What's the rule?
- Report**  
Tell an adult
- Refuse**  
Say words that mean NO

## Always Ask First Rule

Always ask a parent or the person in charge first

## PRIVATE BODY PARTS RULE

**Private body parts are PRIVATE**

**NO ONE SHOULD EVER:**

- 1 Touch yours → EXCEPT A DOCTOR OR NURSE
- 2 Ask to see yours → EXCEPT A DOCTOR OR NURSE
- 3 Make you look at his or hers, or anyone else's

AND

**NEVER TOUCH SOMEONE ELSE'S**

NEVER KEEP SECRETS ABOUT A BROKEN PRIVATE BODY PARTS RULE

## Touching Rule

A person should **never** touch your private body parts except to keep you healthy

## Never Keep Secrets Rule



**Never keep secrets about touching**