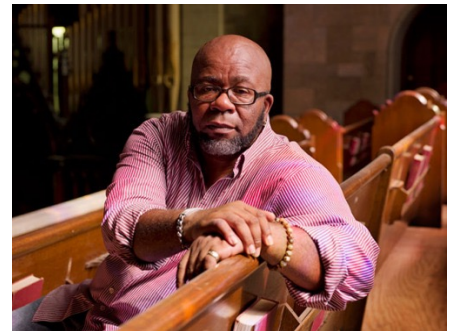

GET Resource Guide

Supporting Gender Expansive & Transgender (GET) Individuals: Youth through Adulthood



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GET Resource Guide available on the web at Watershed Counseling & Consultation Services (<http://watershedservices.biz/resources.html>)

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Overview

The following resources focus on supporting Gender Expansive and Transgender (GET) individuals. This document is updated on a regular basis but keep in mind that website addresses change, books go into new editions, and new information is constantly being produced. This resource guide is in no way not meant to be an exhaustive list, rather highlighting some of the most useful information available. On a related note, rather than inundate the reader with numerous resources, the ones below represent some of the best resources at this time.

Updates & Distribution of the GET Resource Guide

The latest edition of this resource guide may be found on the Watershed Counseling & Consultation Service page under “Resources” at the following link:

<http://watershedservices.biz/resources.html>

This resource is meant to be distributed, so please distribute the guide and/or the link widely.

Advocacy Resources - GET

[ACLU - LGBT](#)

[National LGBTQ Task Force](#)

Allies - Being a Supportive Ally for GET People

[GLAAD FAQ for GET Allies](#)

[Tips for GET Allies](#)

[Tips for Teachers Being Allies for LGBTQ Students](#)

[Questionable Questions: Asking questions to a Person Who is GET about their gender identity / gender expression](#)

Coming out at GET

[Coming out to others as a Transgender Person - Transgender Visibility Guide](#)

[HRC: Coming Out](#)

[Resource Guide to Coming Out](#)

GET Youth /Students (K-High School)

Resources for GET Students

[Trans Student Educational Resources](#)

[Know Your Rights: Bathrooms, Locker Rooms, School Policies, Name Change Information, etc.](#)

[Trans Athlete Resource Information for K - 12 Schools](#)

Youth Centers in the U.S.

[GET & LGBTQ Youth Centers and Center Directory](#)

GET Adults

[National Center for Transgender Equality](#)

[Susan's Place](#) - Website for Transgender Resources

[GET & LGBT Center Directory](#)

GET Older Adults

[LGBT Aging Issues Network](#)

[LGBT Aging Resources Clearinghouse](#)

[SAGE \(Services and Advocacy for GLBT Elders\)](#)

Healthcare re: People who are GET

Healthcare Sites for GET People

[Know Your Rights: Healthcare](#)

[Finding Insurance for Transgender-Related Healthcare](#)

Resources for Healthcare Personnel

[WPATH](#)

[Standards of Care = 7th Version](#) (available in several languages)

[Best Practices for Health Care Staff: Transgender and Gender Non-conforming People](#)

[GLMA - Healthcare Professionals Advancing LGBT Equality](#)

[GET Patient Services & Support: Resources for Providers and Hospital Administrators](#)

[Improving the Health Care of LGBT People](#)

[Management of the Transgender Adolescent - Archives of Pediatric & Adolescent Medicine](#) (2011)

[Listings of publications re: GET Individuals from Fenway Health Center](#)

[GET White Coat Cards](#)

Drug & Alcohol Resources

[What to Look for When Seeking LGBT-Friendly Addictions Treatment Guide](#)

[GLBT Recovery](#) - Organizations and Meetings

[LGBT AA Information](#)

Higher Education: Resources for GET Students

College / Graduate School Resources

[Consortium of Higher Education Lesbian Gay Bisexual Transgender Resource Professionals](#)

[Transgender College Students - Know Your Rights](#)

[Campus Pride](#)

[Colleges and Universities with Nondiscrimination Policies that Include Gender Identity/Expression](#)

[Teaching LGBTQ Psychology - Burnes & Stanley \(Eds.\) APA Publications](#)

[Point Foundation – scholarship awards to LGBTQ Individuals](#)

Hot Lines - GET

[Trans Lifeline - \[US: \(877\) 565-8860 Canada: \(877\) 330-6366\]](#)

[Listings of LGBTQ Hotlines and Peer Chats for youth through adult](#)

[The Trevor Project - 866-488-7386](#)

Immigration Issues - GET

[Immigration Issues: Know Your Rights](#)

[Answers to Common Questions re: Transgenders Immigrants](#)

Infographics - GET

[TSER Infographics \(including Gender Unicorn\)](#)

Juvenile Justice System - GET

[The Unfair Criminalization of Gay and Transgender Youth](#)

[LGBTQ Youths in the Juvenile Justice System](#)

Language / Terminology Resources

Terminology

[GET related terminology I](#)

[GET related terminology II](#)

[Glossary of LGBT Terms for Health Care Teams](#)

[Basics when writing about GET people](#)

Legal & Policy Resources - GET

[Lambda Legal](#)

[Transgender Law & Policy Institute](#)

[Transgender Legal Defense & Education Fund](#)

[Transgender Law Center](#)

See section “Name & Gender Change on Official Documents” for additional information

Mental Health Providers - Resources Supporting Individuals who are GET

Readings for Mental Health Providers

[**Listing of Recommended Books related to Counseling and LGBTQ Individuals \(divided by topics\)**](#)

[**APA: A Selective Bibliography of Lesbian, Gay, and Bisexual Concerns in Psychology**](#)

[**Introductory Brochure – Answers to Questions about Transgender People, Gender Identity and Gender Expression**](#)

[**Teaching LGBTQ Psychology - Burnes & Stanley \(Eds.\) APA Publications**](#)

GET Related Guidelines for Mental Health Providers

[**APA's Practice Guidelines for Lesbian, Gay & Bisexual Clients**](#)

[**Current APA Policy Statements on Several Lesbian, Gay, Bisexual, and Transgender Concerns**](#)

[**APA's Resolution on Appropriate Affirmative Responses to Sexual Orientation Distress & Change Effortss**](#)

[**WPATH**](#)

[**Standards of Care = 7th Version**](#) (available in several languages)

Websites for Mental Health Providers

[**APA Division 44 – Society for the Psychological Study of Lesbian, Gay, Bisexual and Transgender Issues**](#)

[**APA Office of LGBT Concerns**](#)

[American Counseling Association's LGBTQIQA Resources and References](#)

[AFFIRM: Psychologists Affirming their LGBT Family](#)

Fact Sheets for Mental Health Providers Supporting GET Youth

[Fact Sheet: Gender Diversity and Transgender Identity in Children](#)

[Fact Sheet: Gender Diversity and Transgender Identity in Adolescents](#)

Name, ID & Gender Marker Changes

[FAQs About Identity Documents](#)

[Changing Birth Certificate Sex Designations - State by State Guidelines](#)

[ID Documents Center](#): Information per State

[The Name Change Project](#)

[Understanding the Passport Gender Change Policy](#)

Out-Of-Home Care & GET Youth

[LGBTQ Youth in the Foster Care System](#)

[Serving LGBTQ Youth in Out-Of-Home Care: CWLA Best Practice Guidelines](#)
Parents / Guardians / Families of GET Youth

Parent(s) of GET Youth

[Supporting and Caring for Transgender Children](#)

[Introductory Brochure – Answers to Questions about Transgender People, Gender Identity and Gender Expression](#)

[Gender Spectrum - Parenting & Family](#)

[Family Acceptance Project](#)

[PFLAG](#) (Support for families and friends of LGBT Individuals. Includes local chapter information)

[Our Trans Loved Ones: Questions and Answers for Parents, Families, and Friends of People Who Are Transgender and Gender Expansive](#)

[Parenting Considerations for Transgender Youth](#)

[The Importance of Being an Ally to Your Transgender Child](#)

[Actions LGBTQ Parents/Guardians Can Take to Support Their Children in Elementary School \(p.4-5\)](#)

[LGBTQ Youth in Out-Of-Home Care](#)

[Helping Families Support their LGBT Children: A Practice Brief for Parents and Providers](#)

[Gender Resource Guide for Schools](#)

[GET Parent Support Group in the Delaware Valley of Pennsylvania](#)
contact Candice Chaplin (ccapline2@gmail.com)

Parents who are GET

[HRC -Parenting](#)

[Colage – People with LGBTQ Parents](#)

Pennsylvania Resources - GET

[Pennsylvania Youth Congress' LGBTQ Organization Directory](#)

- LGBTQ Community Centers (Youth & Adults)
- Regional LGBTQ Organizations
- Advocacy Organizations
- Publications
- LGBTQ Health Care Providers
- Pride Festivals
- Community Marches
- LGBTQ Chambers of Commerce
- Local/Regional Social-Educational Organizations
- Professional Organizations
- Service Organizations
- HIV/AIDS Resources
- LGBTQ Arts Organizations
- LGBTQ Sports Organizations
- National Organizations with Local Chapters
- LGBTQ Faith Communities and Organizations
- Violence and Domestic Abuse Support
- Community Funds

[Gender & Sexuality Development Clinic](#)

The Children's Hospital of Philadelphia

[Philadelphia Transgender Resource Guide](#)

[Mazzoni Center - Resource Guides](#)

[Mazzoni Center - Philadelphia's LGBT Health Care & Wellness Center](#)

GET Parent Support Group in the Delaware Valley of Pennsylvania
contact Candice Chaplin (ccapline2@gmail.com)

Trans Central PA

[Trans Central Monthly Meetings](#)

Philadelphia Trans-Health Conference

Trans-Health Information Project - A Program of GALAEI

Pronouns

My Pronouns - Resources on Personal Pronouns

Pronouns: A Resource Supporting Transgender & Gender Nonconforming Educators & Students

Reading Resources for GET Students

Fiction and Non-fiction Resources

HRC's Gender-Expansive and Transgender Children: Books for Students

[\(PDF form\)](#)

HRC's Books for LGBTQ Inclusive Schools & Books About Family Diversity

Carnegie Library of Pittsburgh - LGBTQ Youth Book Recommendations

Religion / Spirituality - GET

[NGLTF Faith Resources](#)

[HRC: Religion](#)

[Finding a Welcoming Congregation](#)

[LGBTQ Affirming Denominations](#)

School Resources - GET

[From Statehouse to Schoolhouse: Anti-Bullying Policy Efforts in U.S. States and School Districts](#)

[Examples of Policies & Emerging Practices for Supporting Transgender Students](#)

[PAST 2016 \(Rescinded\) Federal Guidelines for School Personnel re: GET Students](#)

GET School Policies - Readings and Example

[Creating Transgender Inclusive Schools](#)

Model example of a GET Policy for a school district:

[Lower Merion School District Policy & Administrative Regulations](#)

Resources for School Personnel & Educators

[Schools in Transition: A Guide for Supporting Transgender Students in Grades K-12 Schools](#)

[HRC's Back to School Guide - Welcoming Schools](#)

[Gender Spectrum - Gender Inclusive Schools](#)

[Framework for Developing a Gender Inclusive School](#)

[Checklist for a Welcoming & Inclusive School Environment](#)

[Shared Differences Examines LGBT Students of Color Experiences in School](#)

[Introductory Brochure – Answers to Questions about Transgender People, Gender Identity and Gender Expression](#)

[Is This the Right Elementary School for My Gender Nonconforming Child?](#)

[Gender Resource Guide for Schools](#)

[Gay, Lesbian and Straight Education Network \(GLSEN\)](#)

[GLSEN Research Reports and Climate Surveys for LGBTQ School Students](#)

[Safe Space Kit for Schools](#)

[Teaching Tolerance](#) - Classroom resources, articles, film recommendations, etc.

[Lesson Plans To End Bias-Based Bullying And Gender Stereotyping In Elementary School](#)

[Additional Lesson Plans of Interest](#)

[Developing LGBT-Inclusive Classroom Resources](#) - Quick Guide

[Checklist for a Gender Inclusive Classroom](#)

Resources for School Counselors

[See Mental Health Provider Resources Above](#)

Resources for School Starting & Running School GSAs (Gay Straight Alliances)

[**Jump Start Guide: Building & Activating Your GSA \(GLSEN\)**](#)

[**Resources for Middle School GSAs \(GSAFE\)**](#)

Resources for GET-Related Child/Young Adult Reading
Recommendations for School Librarians and Teachers

[**HRC's Gender-Expansive and Transgender Children: Books for Students**](#)

[\(PDF form\)](#)

[**HRC's Books for LGBTQ Inclusive Schools & Books About Family Diversity**](#)

See "Readings For GET Youth: Fiction and Non-fiction Resources"

Resources Re: Signage for Bathrooms in Schools & Other Sites

[**All Gender Restroom Signs**](#)

Suicide Prevention - GET

[**The Trevor Project**](#) - 866-488-7386

[**Trans Lifeline**](#) - US: (877) 565-8860 Canada: (877) 330-6366