

# ISC Executive Board Meeting

## Meeting Minutes

December 4, 2018

Present: Andrea Fox, Co-President  
Sarah Altman, Co-President  
Lou Savastani, Vice President, Communications  
Peg Wahrman, Treasurer  
Laura Banchemo, Mini Grants Co-Chair  
Carolyn Harris, Member-at-Large  
Mary Donoghue, Member-at-Large  
Melanie Schafmeister, Immediate Past Co-President  
Lisa Prosnitz, Sleep Study Coordinator

Next meeting: Tuesday, January 8  
9:00 AM  
District Administrative Offices, Room 154

1. Peg Wahrman gave an update on the budget and dues
  - All schools have now paid their dues
  - For the luncheon, the facility fee went up slightly from last year
  - Art show expenses are going up slightly this year, due to having two receptions instead of just one
  - We don't know what the fee will be for the yet-to-be-determined Spring speaker
  - We are looking good financially
2. Laura Banchemo gave an update on mini-grants
  - We are still awaiting for receipts or requests for reimbursements on 16 of 28 mini-grants
  - If we decide to go with a web-based application process, the new system needs to be in place by January, when Laura will present to teachers on the mini-grants program
  - The presentations need to be done during January, giving teachers Feb-Mar to apply
  - We need to recruit for the co-chair position for next year. The volunteer needs to be detail-oriented and good with Excel.
3. Lisa Prosnitz gave an update on school start times
  - Phoenixville and Radnor districts appear to be on the cusp of announcing changes.
  - Tredyffrin/Easttown is considering a smaller shift – 15 minutes. Some research shows that even a 10 minute change in start times can have benefits.
  - At the 12/13 MCIU Superintendents meeting, sleep and school start times is on the agenda. We aren't currently sure if Superintendent Copeland is planning to attend.

- Amy Buckman is meeting with Christina Paul to discuss putting some of the sleep/start time information on the district website.
- We need to continue to get the word out on the benefits, and possible upcoming changes by leveraging social media, the HSAs, and Civic Associations. These changes will impact more than just students, parents, and teachers, so we need full community engagement.

4. Future Hot Topic Ideas:

- LGBTQ issues
- CARE committee – diversity and implicit bias
- Kate Fagan, author, *What Made Maddie Run?*, about teen depression and suicide
- Teens and sleep
- Book, *The Overachievers: The Secret Lives of Driven Kids*, about the impact the pressure to succeed is having on our children

5. Carolyn Harris gave updates on the committee meetings she attended. Several items of note were:

- Pennsylvania has again delayed making the Keystone exams a requirement for graduation until at least the 2021-22 school year. They still need to be administered for federal funding purposes.
- Some schools have a plan for the MLK day of service, some have not

6. Andrea Fox gave an update on insurance

- We have requested a quote, but haven't received anything yet
- Pending cost, we will likely go with an umbrella policy that will cover all non-school-sponsored HSA events