

Month	Day	Year	Event
March		2014	Community Presentation
		2014	AAP publishes guidance for schools to begin no earlier than 8:30 for adolescents
May		2015	LMSD's Interschool Council (ISC) submits sleep study report a report
July	1	2016	Mr. Copeland begins as Superintendent
October	12	2017	Presentation of "Adolescent Sleep and School Start Times: A Status Report and Informational Brief for the LMSD Community" to the Board of School Directors
March	20	2018	Parent/Guardian Education Program: "Promoting Positive Sleep Habits" by Dr. Deborah Ledley & Dr. Aaron Sterba
May	29	2018	R & D update to the Curriculum Committee of the Board of School Directors
November	12	2018	R & D update at an Education Meeting of the Board of School Directors
March	11	2019	R & D final report delivered
			Begin partnership with TregoEd Formation of the Sleep Health and School Schedules Advisory Committee (SHSSAC)
April	23-24	2019	2-day meeting of the SHSSAC facilitated by Pat Schwarber of TregoEd
April-May		2019	SHSSAC small group work on different scheduling models
May	30	2019	1-day meeting of the SHCAC facilitated by Pat Schwarber of TregoEd
July	19	2019	Core Logistics Team meeting
September	17	2019	SHSSAC and Core Logistics Teams meet
October	24	2019	Presentation of recommended new schedule to the Board of Directors
			Mailing to the community
December	9th-17th	2019	Community Listening Sessions (weekday, weekend and evenings)
January	21	2020	Presentation by Dr. Judith Owens
			Update to the Board
February	13*	2020	Challenge Success presentation (*tentative)