How to Protect Your Child on Mobile Devices

As with any technology, teaching your child about responsible cell phone use is critical. While there's no replacement for having a candid conversation with your child about the rules and restrictions you want him to follow, you may also want to consider taking advantage of mobile management tools to enforce your guidelines. Equipped with a mobile security program — like Verizon Wireless' Parental Controls — you can:

1. **Implement usage controls**
   - **Usage allowance**
     - allows you to set limits for voice minutes and messages that can be used during a billing cycle.
   - **Time restrictions**
     - allow you to limit and control cell phone use during a certain time of day or day of week.
   - **Trusting numbers**
     - allows calls and messages from designated numbers regardless of other usage controls or restrictions.
   - **Number blocking**
     - restricts calls and messages from designated phone numbers.

2. **Enable location functionality**
   - so you can easily find your child in real time using location on demand or arrival, departure and scheduled updates.

3. **Set age-appropriate content filters**
   - to control what type of information is accessible to your child through applications and websites.
Verizon Wireless Exclusive Age-Appropriate Content Ratings

**C7+**

This material contains little or no violence, no strong language, no drug use, limited alcohol or tobacco use, no modeling content, little or no sexual dialogue and situations and no themes of a mature nature. This content is considered suitable for children age 7 and above and parents can comfortably allow this content to be accessed by children 7 and above unattended.

**T13+**

This material may contain mild coarse language, moderate violence, mildly suggestive lingerie, drug use depicted without being designed to encourage use, some sexuality or suggestive dialogue or themes that may not be appropriate for younger children. This content would be considered suitable for children 13 and above by most parents. Parents are cautioned against allowing children under 13 to access or view this content unattended.

**YA17+**

This content may contain one or more of the following: crude language, graphic violence, sexual situations, criminal activity, drug abuse, sexual situations without nudity or themes that may not be appropriate for younger youth. Many parents would consider this material unsuitable for children under 17 and parents are strongly cautioned against allowing children under 17 to access or view this content.

**FILTERS OFF**

Turning off the content filter provides access to all content accessible through your mobile phone, including content that you may consider objectionable due to the ages of your children or your personal desire to avoid certain types of content.

For more information on Parental Controls, visit [verizonwireless.com/parentalcontrols](http://verizonwireless.com/parentalcontrols)

Want to learn more about cybersafety? Visit [cybersafephilly.com](http://cybersafephilly.com)