

## Welcome to Parent-Connect

Our community enjoys access to the Parent-Connect Webinar Series during the 2011-2012 academic year.

Join parents and educators worldwide for a digest of current teen health and wellness issues. Participate in eight online seminars offering a discourse with trusted authors, scientists and medical professionals. Expert panels provide the latest research and practical tips to help you engage teens and assist in their responsible decision-making. Enjoy unlimited access to on-demand recordings and a host of resources on each session topic through June 1.

### Maximize Your Use of Parent-Connect Live Sessions

- To register to attend live webinars, there are two options:
  - Visit our e-Classroom.
  - Follow the link sent to your e-mail inbox one week prior to each live session.
- Review the Webinar Preparation Guide available in our e-Classroom.
- Print the Slide Workbook prior to the program.
- Join the session five minutes early and use your computer speakers for a free audio option.
- Ask questions of the experts during the presentation. Afterward, direct inquiries to [Webinars@CampusOutreachServices.com](mailto:Webinars@CampusOutreachServices.com) or call 866-966-9998.
- Participate in the polls and case studies. Tabulated responses are shown immediately and all identities are kept confidential.

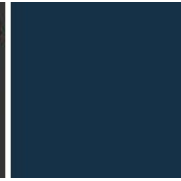
### Utilize Our Parent-Connect e-Classroom

- Bookmark our e-Classroom.
- Explore each session entry to:
  - Reserve your seat in the virtual theater of every live webinar you wish to attend.
  - Watch on-demand recordings within one day of each live broadcast.
  - Download Session Materials for all sessions including Slide Workbooks, Facilitation Guides and helpful Handouts.
  - Explore the Resources section for school policies, legal issues, campus and national resources, getting help and learning more about each webinar topic.

### To Begin Using Our e-Classroom and Parent-Connect Subscription

E-mail [Support@CampusOutreachServices.com](mailto:Support@CampusOutreachServices.com) or call 866-966-9052.

**Please note:** If you have a DragonFly learning account, your view will be automatically populated with all 2011-2012 subscription offerings.



## Webinar Schedule

### Teens and Alcohol Use Implications on Mind and Body

October 3, 2011

What are the long-term psychological and physiological ramifications of adolescent alcohol use? How can one accurately assess the current teen drinking climate? In this session, top scientific and medical experts delve deep into the adolescent brain, illustrating motivations and circumstances that put them most at risk. Our panel expounds the consequences of alcohol consumption for students through the latest images of damaged brains and cells, providing a clear picture of the negative effects. Leave armed with the tools needed to intervene on personal and communal levels.

### He Said, She Said How Men and Women Learn Differently

November 7, 2011

Traditionally, men are touted as more adept at interpreting math, science and spatial relations; while women are said to excel at responding to philosophical, emotional and sensory data. What is the truth behind these notions? Are their implications universal or an aberration? Research suggests that male and female brains are physically distinct. Join the experts as they discuss current findings and impart tactics to assist teens with crossing true gender barriers. Understand neural development and gain adaptation skills that accord with the natural biology of the brain.

### Your Digital Identity's Net Worth From College Admissions to Future Employers

December 5, 2011

To share or not to share? Tag or no tag? The Internet is an open canvas with infinite potential. Who influences and accesses our cyber identity? How can adults facilitate healthy decision-making? Dexterous teens easily conceal their digital footprints, rendering the task of instilling responsibility seemingly formidable. Learn how digital dossiers are created and their potential implications. Acquire pointers to mitigate negative repercussions and accentuate the positive. Ensure students are responsible net users and leave impeccable impressions with every login.

◆————— **The Battle Against Bullying** —————◆  
**How Bystanders Fit into the Equation**

January 2, 2012

Effectively responding to the bully, the bullied and the bystander to appropriately sanction, curtail and educate is a challenge. Does the concept of innocent bystander exist? Can students be held accountable for what they share or not share with an adult? In this session, we examine how peer relationships are shaped and their influence on those who witness bullying. Our panel explains the fundamentals of proactive prevention strategies. Garner helpful tips to teach teens to intervene with confidence. Bystanders can assume the important role that will end this pervasive practice.

◆————— **Additives, Preservatives and Flavorings** —————◆  
**Defining Nutrition in a World of Chemicals**

February 6, 2012

How do pesticides affect our health? What foods do adolescents need to thrive? Selecting the most salubrious food items from the plethora of choices can be arduous. Supermarkets are rife with the unhealthiest options. Busy schedules and unclear labels force us to purchase packaged dinners. Discover what research indicates about the foods that benefit teen wellness in an age of chemical enhancements. Our experts impart a didactic schema for discerning the nourishing from the virulent with skill and ease. This session is the panacea for your meal-planning woes.

◆————— **Living on the Edge** —————◆  
**Sports, Drugs and Risk-Taking Behaviors**

March 5, 2012

Do correlations exist between competitiveness on the field and the propensity to push the safety barrier? Do drugs and extreme behaviors stimulate the same areas of the brain activated during athletic activity? Scientists are beginning to uncover how related activities excite equivalent neural transmitters and brain regions in young adults. Join our panel as they share current data and highlight trends on athletes, drug use and risky behaviors. Help student athletes make sound decisions and resist impulsive urges.

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**Cracking the Code**  
**Quality Communication in a Technological World**

April 2, 2012

Teens text and tweet with fingers fast and furious. What are they really sharing? How does the surge in technology influence the social and academic growth of young adults? When students have a penchant for digital interactions over face-to-face encounters, navigating the teen relationship culture becomes exceedingly enigmatic. Our experts outline quality correspondence in a world defined by quantity. Understand how to foster mature communication in adolescents to avoid haunting photos, wanton statements and embarrassing lingo slip ups.

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**I'm Totally Stressing**  
**The Quest for Balance**

May 7, 2012

How can adolescents cope with anxiety to thrive personally and academically? With perceived expectations to be valedictorian, varsity athlete, editor of the newspaper, best friend and beloved family member, balance seems unattainable for many students. Teens must learn to juggle myriad responsibilities and avoid pitfalls at a young age. Join the experts as they delineate how students can set reasonable limits and effective expectations to reduce stress and promote personal wellness. Imbibe strategies for striking a healthy balance.